





**The Toby Henderson Trust
are available at
Toby House
Monday to Friday
9am - 4pm
For bookings,
appointments and
enquiries -
our dedicated email
address is:**

NorthumberlandPDS@ttht.co.uk

Follow us:

-  **Facebook** - The Toby Henderson Trust
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"Thank you so much for your time this morning. It meant a lot to me that you understood what I was talking about and that I didn't feel I needed to persuade you believe me about what my child can be like."

GET IN TOUCH



Contact: 0300 365 3055



NorthumberlandPDS@ttht.co.uk



Toby House, Earth Balance
Bedlington, Northumberland,
NE22 7AD



www.ttht.co.uk



Specialist Post Diagnostic Support

Practical Advice and Guidance

Approachable, Caring and Experienced Staff

Tailored Recommendations and Trusted Strategies

A Friendly Listening Ear



WHO ARE WE AND WHAT DO WE DO?

The Toby Henderson Trust is a registered charity (1149952) and company limited by guarantee (0685892) who offer a specialist autism post diagnostic support service free to all families in the area with a Northumberland postcode whose child or young person (up to the age of 18 years) has a confirmed autism diagnosis, either recent or historic. Our impressive track record spans over more than 21 years and we remain committed to help wherever and however we can.

OUR SERVICE PROVISION

WHAT WE OFFER:



Specialist Family Support Sessions - A chance for parents/ carers and families to have an in-depth chat with members of our family support team in a safe space, where you have access to specialist support, advice, strategies, suggestions & resources, as well as signposting to other relevant agencies, giving that much needed listening ear & understanding. These sessions can be face-to-face, at The Toby Henderson Trust, via Zoom, telephone call or even via email, to suit the needs and flexibility of each family. Sessions can be accessed by ringing or emailing The Toby Henderson Trust to book an appointment.



Follow up emails to appointments including overview of suggestions, information & relevant resources.



We offer a rolling programme of free targeted webinars, for example Sleep Issues and 'Food Glorious Food'



A range of monthly targeted Support Groups

Please visit our website or Facebook page for details of the above & upcoming events.



OUR BACKGROUND

The Toby Henderson Trust (TTHT) is an independently funded charity supporting autistic children, young people and adults, their families and carers in the North East of England. TTHT was started in 2001 by founder & CEO Lesley K Henderson who turned her care, lived experience & knowledge into an organisation with a team that all share the same ethos and dedication.

Over the last 21 years we have established a trusted reputation for providing relevant, appropriate and accessible support for families with autistic young people from 2 years to adulthood, by empowering parents and carers in sharing knowledge experience and understanding.

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"Thank you so much for your time today, it really made a difference! "